



emerge  
brighter



# perfecting

*your journey*

eforea spa at Hilton Orlando is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.



## head & face

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

## shoulder, neck & scalp

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

## feet

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

## enhancement

Each enhancement is 25 minutes long. Just ask!  
\$70 each if booked separately or book with another service for \$60.

# essentials

*journey*



## KERSTIN FLORIAN

We partner with the finest luxury resorts and destination spas around the world focusing on results.

The philosophy of outer beauty and inner health inspires a sense of wellbeing through powerful plant,

marine and technically-advanced ingredients. We delight in bringing a sense of well-being to people's everyday lives.

# face

## Correcting Facial

50MIN \$125

Just for you! This facial can be customized for any skin type to deliver targeted results and correct oily congestion, sun damage, fine lines and uneven skin tone.

## Sensitive Skin Facial

50MIN \$135

Find comfort. This facial is designed to correct, rebuild and protect sensitive skin. Experience a unique alginate peel-off mask as an added benefit.

## Anti-Aging Neroli Facial

80MIN \$200

Combat premature aging and disrupt hyperpigmentation with the combination of Neroli, Vitamin C ampoules and the signature aculift massage performed together to rejuvenate your skin.

## Express Facial

25min \$80

Have a tight schedule? This express service provides deep cleansing and hydration using a moor mud mask.

# massage

## Neroli Hot Stone Massage

80MIN \$195

Combines the therapeutic quality of stones with the relaxation of massage to rejuvenate your body while relaxing your mind.

## Custom Massage

50MIN \$125

80MIN \$195

Customized for your particular needs, using light to medium pressure to help you unwind and promote relaxation.

## Sports Massage

50MIN \$135

80MIN \$200

A customized deep tissue massage using specific techniques to alleviate sore muscles, aches and pain.

## Reflexology Massage

25MIN \$80

Choose your hands or the feet, and enjoy the benefits of focusing on pressure points to enhance circulation and natural healing.

# body

## Full Body Renewal

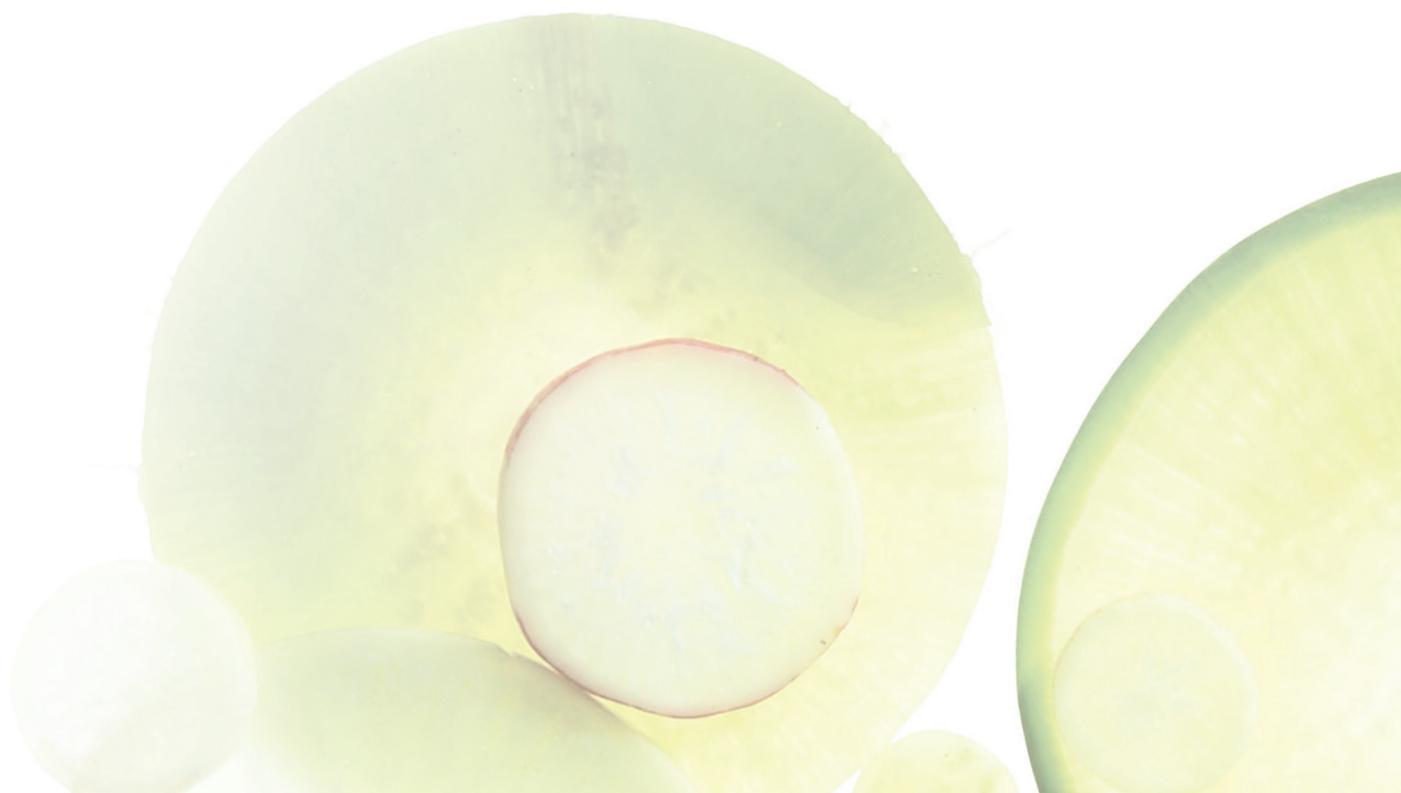
80MIN \$210

Emerge Brighter! This deep exfoliation using the healing power of ginger is combined with a warming body massage that will relax the mind, alleviate tense muscles and leave your skin glowing.

## The Ultimate Spa Experience

80MIN \$210

Time to relax! Enjoy the calming & balancing effects of wild lavender in combination with a body scrub, wrap & full body massage. This is the ultimate trifecta.



# face

## Orange Blossom Hydra-Lift Facial

50MIN \$125

Soothing the senses with Orange blossom mist, delivering a powerful hydration boost using plant derived naturals rich in Dilo Oil and Ngi Grass. Rejuvenate the skin and reduce the appearance of fine lines.

# combinations

## Mind & Body Escape

100MIN \$220

Leave it all behind! Enjoy a custom massage followed by the orange blossom hydra-lift facial, a perfect combination from head to toe.

## Poolside Cabana Package

ALLDAY \$425

Escape to a poolside cabana for the day with two 50 min. custom massages, one appetizer & lunch for two from Tropic's Pool Bar & Grill. Cabana amenities include: HDTV, wireless internet, mini-refrigerator with water and soda, a private canopy and lounge chairs.

# massage

## Express Massage

25MIN \$80

A massage designed to fit into your busy schedule - escape and let us focus solely on your back, neck, and shoulders. You're worth it!

## Couples Massage

50MIN \$250

80MIN \$390

A customized massage taking place in our dual suite allowing you to enjoy your journey with that someone special.

## Coconut Bliss Pregnancy Massage

50MIN \$125

Especially designed to safely massage during pregnancy, coconut oil and body butter are used to soothe aching muscles and relieve tension for ultimate bliss.

(not recommend in the first trimester)

# body

## Beach Body Contouring Wrap

50MIN \$125

Get Ready! This wrap is designed to get you ready for the beach. Lemon and lime team up with Seaweed and micronized green coffee to slim, tone and breakdown fat.

## After Sun Soothing Wrap

45MIN \$99

After a day at the theme parks or basking by the pool, recover from the Florida sun with this soothing and cooling wrap. This is the ultimate body hydrator.

## Papaya-Pineapple Body Scrub

25MIN \$75

25MIN \$60-as a service add on

Invigorate, smooth and rejuvenate your skin with anti-aging papaya-pineapple saltmousse. This service can be done by itself or as an add-on to make your spa day complete.



escape  
*journey*



## PEVONIA

Pevonia, a Florida based company, creates products that come from the most powerful ingredients in skincare

from the safest source... nature. For more than 20 years, Pevonia has been the leader in delivering natural skincare

solutions to the finest spas and professional aestheticians worldwide.

## **eforea spa at Hilton Orlando**

Relax, Rejuvenate, Restore

**phone** (407) 313-8600

**web** [beforeaspa.com](http://beforeaspa.com)

**email** [orloc-spa@hilton.com](mailto:orloc-spa@hilton.com)

### CANCELLATION POLICY

Please notify us at least twenty-four (24) hours in advance to reschedule or cancel your appointment to avoid being charged 100% of your service fee. Spa services are booked separately from hotel reservations and must be changed or canceled separately from a room reservation. A credit card or hotel confirmation number is required to hold your reservation at the time of booking your service.

### SERVICE CHARGE

Florida State Sales Tax and an 18% service charge will be automatically added to your service upon check out. 15% will be applied to your service provider as gratuity. 3% is kept by the spa to cover discretionary and administrative costs. Additional gratuities are at your discretion.

### ARRIVAL & APPOINTMENT TIME

We recommend arriving 30 minutes prior to your spa appointment and 10 minutes prior to your salon appointment. Late arrivals could result in reduced service time or cancelled completely. Cancellation policy applies.

### MINIMUM AGE

Minimum age is 16 for all spa treatments. This applies to all spa days, spa breaks or utilization of the locker room facilities. All guests under 18 must be accompanied by an adult. Please speak to an eforea spa representative regarding select services designed for younger spa guests.

### SPA ATTIRE & ETIQUETTE

Upon arrival to eforea spa, we will provide you with a robe, towel and sandals and you will gain access to our spa facilities that include lockers, bathrooms, showers, steam room, lounge and treatment rooms. For eforea salon appointment's, robes and access to the facilities will be provided upon request only.

We recommend that you do not bring jewelry or other valuables. eforea spa will not be responsible for lost or stolen items or valuables. Cell phones are not permitted within the spa, and if brought in, we request that they be silenced or powered down and are put away for safe keeping in your locker.

### FITNESS & SPA FACILITY USE

The fitness center and the eforea spa are separate facilities. We ask that you check in at the eforea spa desk before accessing the fitness center, spa or salon. Access to the fitness center after hours can be obtained with your room key. Access fees may apply. eforea spa facilities are for spa guests only. Day passes are available to utilize eforea spa facilities (fees apply). You must be 18 or accompanied by someone 18 or older to use the fitness center. Flip flops or open-toed shoes are not permitted in the fitness center.

### GROUP AND WELLNESS EVENTS

The eforea spa and fitness team would love to coordinate your spa group or wellness event. We can facilitate spa groups, cabana spa parties, and wellness events including but not limited to mini-spa services, chair massages, yoga, boot camp, 5K fun runs and fitness classes. Please call or email us with inquiries.

### GIFT CERTIFICATES

Our team is delighted to assist you in purchasing the perfect gift. eforea spa gift vouchers can be ordered by telephone or in person.

### HOURS OF OPERATION & PARKING

Fitness center: 24/7

eforea spa:

Monday - Saturday 9:00am - 8:00pm

Sunday 9:00am-5:00pm

\*Hours of operation subject to change.

### NON-HOTEL GUEST PARKING:

Non-hotel guests receiving spa service will enjoy complimentary self-parking. We will provide you with a validation card at check-in upon your request.

